

# South East Regional Palliative Care Network

## REGIONAL ROUND-UP January 2020

We will be offering a number of caregiver courses through-out the South East over the next several months. If you or someone you know is interested, please connect with your local hospice or email [SouthEastPalliativeCare@lhins.on.ca](mailto:SouthEastPalliativeCare@lhins.on.ca) for more information. We will also be posting more information on our website [HERE](#).

### COMMUNITY HOME SUPPORT LANARK COUNTY

South East Regional Palliative Care Network and Algonquin College - Perth  
Training developed by the Champlain Hospice Palliative Care Program

TAKING CARE OF A LOVED ONE WITH A LIFE LIMITING ILLNESS?



## PRACTICAL CAREGIVER TRAINING

A 4-WEEK WORKSHOP SERIES

HANDS-ON TRAINING TO MAKE THE  
CAREGIVING EXPERIENCE SAFER & LESS  
STRESSFUL FOR YOU AND YOUR LOVED ONE

**Audience: Unpaid Caregivers of loved ones with a life-limiting illness.**

February 24/20	Your Role as a Caregiver
March 2/20	Lifts & Transfers
March 9/20	Providing Personal Care
March 16/20	End of Life and Self Care

Limited  
to 12  
Participants

**MONDAYS 9:00-12:30, FEBRUARY 24 – MARCH 16, 2020**

**ALGONQUIN COLLEGE, PERTH CAMPUS**

Complete an application here: [Caregiver Training in Perth](#)

Email: [practicalcaregivinglanark@gmail.com](mailto:practicalcaregivinglanark@gmail.com) Phone: (613) 267-6400 x 28

We thank all that apply. Due to limited space we cannot accept all applicants.

[Click here for Regional Round-Up available online.](#)

## Request for Feedback on Draft Patient Care Model Standards

The Emergency Health Regulatory and Accountability Branch of the Ministry of Health recently posted the draft “Patient Care Model Standards” (v1.0a) for public commenting. The Patient Care Model Standards set out requirements for municipal ambulance services seeking approval from the Ministry to implement new models of care that would permit select low-acuity 9-1-1 patients to receive appropriate community-based care, rather than transport to the Emergency Department.

The document has been posted for comment for 15 days, from January 7-21, 2020. The document, and instructions for providing feedback to the ministry can be accessed here:

[http://www.health.gov.on.ca/en/pro/programs/emergency\\_health/edu/proposed\\_changes.aspx](http://www.health.gov.on.ca/en/pro/programs/emergency_health/edu/proposed_changes.aspx)



## Early Identification in Primary Care

**Target Audience:** individuals within an organization leading the implementation of the palliative approach to care Quality Improvement Plan (QIP) indicator.

Please Join the Palliative Care Community of Practice as we learn to use the tools specific to early identification and how to apply those in primary care. This webinar is presented by the Ontario Palliative Care Network, Health Quality Ontario, and Hospice Palliative Care Ontario.

January 23, 2020 | 12:00 p.m. – 1:00 p.m. (EST)

[REGISTER NOW](#)

### Objectives:

- Examine how early identification of patients in primary care leads to improved patient experience
- Outline how one community physician increased early identification of palliative care needs using specific tools and examine the impact on the system

### Speakers:

- Dr. Bob Sauls, MD, Clinical Co-Lead, Ontario Palliative Care Network
- Dr. Ed Osborne, MD, Family Physician

If you missed a webinar, you can access the recordings on the [Palliative Care Approach to Care Community of Practice](#) on [Quorum](#). If you are not on Quorum, visit and join today!

[Click here for Regional Round-Up available online.](#)

# RESEARCH STUDY

## Palliative care needs in rural Ontario: Cultural considerations for spiritual and psychosocial services

**Seeking participants** for a research study on spiritual and psychosocial needs of palliative patients accessing care in the Lanark, Leeds and Grenville areas.

### Who are you looking for?

Health professionals (physicians, nurses, social workers, PSWs, occupational or physiotherapists, spiritual counselors, etc.) or hospice volunteers with direct experience working with palliative patients

### What will I be doing?

You are invited to participate in a **one-hour interview**.

### What will you ask me?

I will ask you to share your stories and experiences about treating palliative patients, what you think spiritual and psychosocial care means, and what it means in your community.

What kinds of spiritual and psychosocial services should be included in palliative care?

**Interested participants please contact:**

**Erynn Monette**  
**emonette@uwo.ca**  
**(613) 857-0924**





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## Grieving Pouches and Palliative Care Talking Circle

This day begins with a workshop on grieving pouches.

- Participants will receive a **\$25 grocery** card
- Bus passes available
- Children are welcome

**Friday, January 31<sup>st</sup>, 2020 (11am-2:30pm)**

Kingston Community Health Centre  
263 Weller Avenue, Kingston, ON

**Traditional Feast Provided**

RSVP to Dionne Nolan, Indigenous Patient Navigator

Email: [Dionne.nolan@kingstonhsc.ca](mailto:Dionne.nolan@kingstonhsc.ca)

Phone: 613-549-6666 Extension 3851

[Click here for Regional Round-Up available online.](#)

## Palliative Care Education Opportunities— [Click HERE for Calendar](#)



### **FUNDAMENTALS OF HOSPICE PALLIATIVE CARE**

**CORE FUNDAMENTALS** an eight-week program for those working in the health system interested in developing their capacity in hospice palliative care.

**KINGSTON** — Jan. 30, Feb. 20, Mar. 12 — Registration deadline: **Jan. 20, 2020** [Program information](#) and [registration](#)  
*Enhanced Fundamentals:* March 26, 2020

**NAPANEE** —Feb. 13, 27 & Mar. 12 —Registration deadline: **Jan. 30, 2020** [Program information](#) and [registration](#)  
*Enhanced Fundamentals:* March 26, 2020

**BELLEVILLE** —Mar. 19, Apr. 9 & 30 —Registration deadline: **March 9, 2020** [Program information](#) and [registration](#)  
*Enhanced Fundamentals:* May 14, 2020

**LYN** —Mar. 26, Apr. 9 & 23 —Registration deadline: **March 16, 2020** [Program information](#) and [registration](#)  
*Enhanced Fundamentals:* May 7, 2020

### **COMPREHENSIVE ADVANCED PALLIATIVE CARE EDUCATION (CAPCE)**

The CAPCE program is open to Nurse Practitioners, Registered Nurses and Registered Practical Nurses. The prerequisite for registration in CAPCE is the successful completion of the Fundamentals Enhanced program OR the previous Level 1 palliative care course.

**EAST** —Feb. 12, Apr. 1 & May 20 — Registration deadline: Jan. 30, 2020 [Flyer](#) and [application](#)

### **ADVANCED PALLIATIVE PRACTICE SKILLS (APPS)**

For PSWs or Volunteers working in a health care setting who have successfully completed the Fundamentals course.

**KINGSTON**—Feb. 6, Feb. 27 & Mar. 18 —Registration deadline: Jan. 27, 2020 [Flyer](#) and [registration](#)

### **LEAP (LEARNING ESSENTIAL APPROACHES TO PALLIATIVE CARE) CORE**

Ideal for any health care professional (e.g. physician, nurse, pharmacist, social worker, etc.) whose primary focus of work is not palliative care but who provides care for patients with life-threatening and progressive life-limiting illnesses.

**SMITHS FALLS**— Jan. 31 & Feb. 1—Registration deadline: Jan. 20, 2020 [Flyer](#) and [registration](#)

We are also currently planning 2 LEAP LTC Courses and 1 LEAP ED. Watch for more details coming soon!

### **EDUCATING FAMILY PHYSICIANS IN PALLIATIVE CARE**

A four-day small group learning program and preceptorship open to family physicians.

**KINGSTON**—Apr. 23-26, 2020 [Program information and registration](#)

### **PALLIATIVE CARE FOR NURSE PRACTITIONERS**

A two-day educational program on the practical management of common palliative care problems.

**KINGSTON**—June 18-19, 2020 [Program information and registration](#)

[Click here for Regional Round-Up available online.](#)

## Oncology Caregiver Support Framework

October 2019—Cancer Care Ontario's Psychosocial Oncology (PSO) Program released the **Oncology Caregiver Support Framework**, which can now be accessed [here on the CCO website](#).

This document highlights the importance of recognizing and including caregivers as valued partners of the healthcare team, and focuses on the need to support caregivers early and throughout the cancer continuum. The framework is intended as a best practice guide to support regional planning for oncology-specific caregiver support in Ontario and describes the supports that should be available to caregivers in an oncology setting.

**The framework focuses on five components of caregiver support:**

1. Caregiver Identification, Recognition, and Inclusion
2. Caregiver Screening and Assessment
3. Caregiver Referral and Pathway
4. Caregiver-specific Education
5. Monitoring and Evaluation of Caregiver Supports



## In the News

### [Hospice Quinte celebrating 35th anniversary](#)

Intelligencer.ca

Hospice Quinte will celebrate its 35th anniversary in style this year in an Enchanted Garden. That's the theme for this year's gala, set for Saturday, April 4 at Belleville's Ramada Inn...

### [How VR is letting palliative patients 'complete their bucket list'](#)

CBC.ca

"The VR is really a great alternative and it helps complete their bucket list," said Ball. "It gives them hope and reduces boredom and depression. And studies show it can actually reduce physical pain"...

### [Soul music: Ruth Eliason connects with palliative patients through music therapy](#)

Thestarpheonix.com

Like many families who have spent time in that unit, Arnett heard an angelic voice floating in from the hallway. It was the voice of music therapist Ruth Eliason, who would sometimes wander the hallways, strumming her guitar and singing. ..

### [Dying woman asks for some puppy love: hundreds of dog owners respond](#)

CTVNews.ca

Virginia Atkinson had a simple request for fellow dog lovers – she asked them to bring their pups over to visit her 94-year-old mother, who is receiving palliative care at home. She never imagined she would get such an overwhelming response: at last count more than one hundred dog owners wanted to come for a visit...

[Click here for Regional Round-Up available online.](#)