



SHARE YOUR STORY: Lived-Experience Stories for Palliative Care Report Update

Ontario
Palliative Care
Network



We want to hear from you!

What is the opportunity?

This is an opportunity to share your lived experience for a story to be included in an upcoming report update on Palliative Care at the End-of-Life, being developed by Health Quality Ontario, a key partner in the Ontario Palliative Care Network.

We are looking for different lived-experience stories, which could be from the patient or caregiver perspective, or both:

1. Someone (or a carer for someone) who has received palliative care early in their care journey, soon after diagnosis
2. Someone who is receiving palliative care services and supports at home

What is the Palliative Care at the End of Life report update?

Health Quality Ontario has reported on palliative care in its yearly report, Measuring Up, since 2016. In addition, in 2016, Health Quality Ontario released the Palliative Care End-of-Life specialized report, which focused on services at home at the end-of-life, hospital care at the end-of-life, conversations about planning for end-of-life, and patient/caregiver and provider stories.

The report update will show new data on care and access to palliative care services in the last year of life and highlight the benefits of receiving palliative care earlier.

We anticipate the report will be released in fall 2019.

How you can help?

Sharing your story would involve doing an interview, by telephone or in-person, of about 30-60 minutes, plus a follow-up fact-check and review of the story by email or phone, and possibly a brief photo shoot. If you are a provider, we would appreciate your support in disseminating this request.

How to apply & get more information?

If you are interested in sharing your story, please contact Michal Kapral at Michal.Kapral@hqontario.ca or call 416-323-6868 x578.

Time Commitment: 1-2 hours in total

Location: By phone anywhere in Ontario, or in-person in Toronto

Deadline for applications: July 15, 2019

Newly Updated Depression Symptom Management Algorithm, as well as and Nausea and Vomiting Symptom Management Algorithm

Cancer Care Ontario's Patient Reported Outcomes & Symptom Management Program

The algorithms help healthcare providers to assess and manage common symptoms for cancer patients in Ontario.

Depression Algorithm:

The algorithm guides healthcare providers to identify, assess and manage depressive symptoms for cancer patients in Ontario. The updated algorithm was developed in collaboration with content experts from the Depression Symptom Management Algorithm working work and the Psychosocial Oncology Screening Questions Working Group. The revised algorithm includes:

- Inclusion of PHQ-9 scores as well as ESAS-depression scores for clinical decision making
- Focus on front line providers with varying levels of mental health experience
- Probing questions to determine if a referral to a mental health professional is needed

The updated algorithm can be found at: https://www.cancercareontario.ca/en/symptom-management/3986?utm_campaign=depression2019&utm_medium=email&utm_source=outlook9&utm_term=na&utm_content=EN

Feel free to circulate to any cancer care providers. Please contact Nicole Montgomery at nicole.montgomery@cancercare.on.ca if you have any questions.

Nausea and Vomiting Algorithm:

The updated algorithm reflects new evidence from a recent systematic literature review by the Program in Evidence Based Care (PEBC), and best practice informed by expert consensus. The revised algorithm includes expanded guidance on assessments and interventions as well as updated dosing and drug information.

The updated algorithm can be found at: https://www.cancercareontario.ca/en/symptom-management/3131?utm_campaign=vomitingnausea2019&utm_medium=email&utm_source=outlook4&utm_term=na&utm_content=EN

Feel free to circulate to any cancer care providers. Please contact Monika Duddy at Monika.Duddy@cancercare.on.ca if you have any questions.

The **2019 Canadian Hospice Palliative Care (CHPC) Conference**, Embracing Partnerships Towards a Shared Vision, will provide hospice palliative care professionals, volunteers, family and informal caregivers, and other allied health care providers with an opportunity to share their experience and expertise on a national platform.

Date: September 19th-21st, 2019

Location: Ottawa, ON

For more information and to register for the conference, please go to: <https://conference.chpca.net/>



Click here for Regional Round-Up available online.

Ontario Indigenous Cultural Safety Program

The Ontario Indigenous Cultural Safety (ICS) Program's Core ICS training is an interactive and facilitated online training program for professionals working in the Ontario health system. It addresses the need for increased Indigenous cultural safety within the system by bringing to light service provider biases and the legacies of colonization that continue to affect service accessibility and health outcomes for Indigenous people.



If you are interested in taking the online ICS training, please connect with our ICS LHIN contact, Tracy Laporte, for registration support at tracy.laporte@lhins.on.ca. Learn more at www.soahac.on.ca/ICS-training.

Health Care Consent Advance Care Planning and Goals of Care

E-Learning Modules

Hospice Palliative Care Ontario (HPCO) is very pleased to announce that the Health Care Consent Advance Care Planning and Goals of Care (HCC ACP GoC) E-Learning Modules are now officially launched. Registration can be accessed at: <https://www.speakupontario.ca/e-learning-module/>.



Description:

The modules are intended for Clinician Competency Training on HCC ACP GoC conversations where learners will move beyond advancing their knowledge & attitudes to develop clinical skills through:

- Interactive case scenarios
- Reflective questions
- Videos of both simulated & real clinical encounters

Format:

Five self-directed online modules, each ending with a quiz, including:

1. How do I have an ACP conversation with a well patient?
2. How do I have an ACP conversation with a stable but seriously ill patient?
3. How do I have a GoC discussion with an unstable and seriously ill patient?
4. Is it my responsibility to address ACP, GoC discussions and consent?
5. How do I have GoC and consent discussions with a patient who is critically ill and rapidly deteriorating?

Intended Audience:

Inter-professional

Cost:

- \$50 per person ([access this special introductory rate until June 30, 2019](#))
- \$75 per person (after July 1, 2019)
- Volume discount of \$50 per person (available to organizations wishing to train ten or more of their staff)

Access:

Once registered you will have access to the modules until December 1, 2019

If you have any questions please contact Nav Dhillon at ndhillon@hpcO.ca

[Click here for Regional Round-Up available online.](#)

Palliative Care Education Opportunities

We have a newly updated [education calendar](#) on the South East Regional Palliative Care Network website. This calendar will be updated regularly through-out the year so you can see what courses are coming up in the region.



FUNDAMENTALS OF HOSPICE PALLIATIVE CARE

CORE FUNDAMENTALS an eight-week program for those working in the health system interested in developing their capacity in hospice palliative care.

TRENTON – July 10, 24, Aug. 7 —Registration deadline: **July 3, 2019**

[Program information](#) and [registration](#)

Enhanced Fundamentals: August 21, 2019

GLENBURNIE — August 8, 29, Sept. 12— Registration deadline: **July 29, 2019**

[Program information](#) and [registration](#)

Enhanced Fundamentals: Sept. 26, 2019

BROCKVILLE—Sept. 24, Oct. 15, 29—Registration deadline: **Sept. 9, 2019**

[Program information](#) and [registration](#)

Enhanced Fundamentals: November 12, 2019

ADVANCED PALLIATIVE PRACTICE SKILLS (APPS)

For PSWs or Volunteers working in a health care setting who have successfully completed the Fundamentals course.

SMITHS FALLS—Sept. 11, Oct. 3, 24—Registration deadline: **August 26, 2019**

[Program information](#) and [registration](#)

COMPREHENSIVE ADVANCE PALLIATIVE CARE EDUCATION (CAPCE)

The CAPCE program is open to Nurse Practitioners, Registered Nurses and Registered Practical Nurses. The prerequisite for registration in CAPCE is the successful completion of the Fundamentals Enhanced program OR the previous Level 1 palliative care course.

BELLEVILLE—Sept. 18, Oct. 16, Dec. 11—Registration deadline: **August 28, 2019**

[Flyer](#), [brochure](#) and [application](#)

PALLIATIVE CARE ORIENTATION FOR SERVICE PROVIDERS

Standardized orientation to introduce the Palliative Care approach for all new staff hired by Home and Community Care contracted Service Provider Organizations (SPOs).

BROCKVILLE—Aug. 7 AND **KINGSTON/BELLEVILLE**—Aug. 9—Registration deadline: **August 2, 2019**

[Flyer](#)

LEAP (LEARNING ESSENTIAL APPROACHES TO PALLIATIVE CARE)

LEAP provides inter-professional learners with the essential, basic competencies of the palliative approach to care.

We are currently organizing two LEAP courses for this fall, one in Perth and one in Belleville. Watch for more details coming soon on the [education calendar](#)!

For more information visit:

www.serpncn.ca