# South East Regional Palliative Care Network

# REGIONAL ROUND-UP March 2020

# Palliative Care Toolkit for PS Suite

Lanark Leeds Grenville(LLG)

The Palliative Care Toolkit assists primary care providers in earlier identification of patients living with life limiting illness who could benefit from a palliative approach to care. The Toolkit provides decision support in assessing the palliative needs of the patient and then offers the appropriate resources, relative to the patient's current Palliative Performance Scale (PPS) phase.

The toolkit was developed by the e-Health Centre of Excellence and has been customized with permission for LLG by Rideau Community Health Services in a project funded by the South East Regional Palliative Care Network. Several primary care providers in LLG are testing the toolkit and have the opportunity to provide feedback. The toolkit supports the work of organizations on the 2020/2021 Quality Improvement Plan Palliative Care Indicator.

#### FEATURES OF TOOLKIT



Flags patients for review based upon the Gold Standard Framework (GSF). Decision support tools provide guidance.



Offers palliative assessment tools such as Palliative Performance Scale (PPS) and Edmonton Symptom Assessment Tool (ESAS)



Provides embedded tools, links and resources throughout palliative phases as well as patient handouts. Resources are customizable.

# **Toolkit Updates**

- Refined toolbar triggers to identify patients for palliative review including the addition of CHC Encodes
- · Revised formatting of Toolkit resources for improved user experience
- Development of catalogue of resources to support further customization
- Working on incorporation of more assessment tools to support comprehensive and holistic assessment of patient/family needs

The PS Suite Palliative Care Toolkit (LLG version) is available to primary care practices wanting to identify, assess and manage patients who would benefit from the palliative care approach. A User Guide and training video are available to assist new users with loading and customizing the toolkit with local resources. To access the Toolkit contact Ruth Dimopoulos, Project Lead at rdimopoulos@rideauCHS.ca.

## **New Model of Care for Select 9-1-1 Medical Emergency Patients**

Ontario is improving patient access to the right care in the right place by launching new 9-1-1 models of care so that paramedics have more options to provide safe and appropriate treatment for patients, as part of the province's comprehensive plan to end hallway health care.

On February 10, 2020, Christine Elliott, Deputy Premier and Minister of Health, announced the first new model in Ottawa. Starting in April, eligible palliative care patients who call 9-1-1 in the Ottawa region will have the option to be treated on-scene for pain and symptom management by trained paramedics. Paramedics will then send a referral back to the patient's primary palliative care team for follow-up instead of taking them to an emergency department. Currently, paramedics are required to bring 9-1-1 patients to overcrowded hospital emergency departments, even when there are appropriate care and treatment options available.

<u>Learn about the process for implementing new models of care and new standards Ontario Improving Access to the Right Care in the Right Place</u>







### **Person Centered Decision Making**

#### **Conversations**

<u>Target Audience:</u> individuals within an organization leading the implementation of the palliative approach to care Quality Improvement Plan (QIP) indicator.

Please Join the Palliative Care Community of Practice as we learn from an expert on how to approach those conversations around palliative care and end of life planning in the primary care setting.

March 19, 2020 | 12:00 p.m. – 1:00 p.m. (EST)



#### **Objectives:**

- Gain awareness of Person-Centered Decision-Making (PCDM) components
- Describe how values shape decision-making
- Understand that a values-based approach to decision-making is a critical solution to a number of system problems

#### **Speakers:**

Dr. Jeff Meyers, MD, Clinical Lead, Hospice Palliative Care Ontario

If you missed a webinar, you can access the recordings on the <u>Palliative Care Approach to Care Community of Practice</u> on <u>Quorum</u>. If you are not on Quorum, visit and join today!



#### **FUNDAMENTALS OF HOSPICE PALLIATIVE CARE**

**CORE FUNDAMENTALS** an eight-week program for those working in the health system interested in developing their capacity in hospice palliative care.

**BELLEVILLE** —Mar. 19, Apr. 9 & 30 —Registration deadline: **March 9, 2020** Program information and registration

Enhanced Fundamentals: May 14, 2020

LYN —Mar. 26, Apr. 9 & 23 —Registration deadline: March 16, 2020 Program information and registration

Enhanced Fundamentals: May 7, 2020

**TWEED** —Apr. 15, 29 & May 13 —Registration deadline: **April 6, 2020** Program information and registration

Enhanced Fundamentals: May 27, 2020

**KINGSTON** —May 8, 29 & June 12 —Registration deadline: **April 27, 2020** Program information and registration

Enhanced Fundamentals: June 26, 2020

**BROCKVILLE** —May 19, June 9 & 23 —Registration deadline: May 11, 2020 Program information and registration

Enhanced Fundamentals: July 7, 2020

#### **ADVANCED PALLIATIVE PRACTICE SKILLS (APPS)**

For PSWs or Volunteers working in a health care setting who have successfully completed the Fundamentals course.

**BELLEVILLE** — Apr. 2, 23 & May 20 — Registration deadline: Mar. 23, 2020 Flyer and registration

#### <u>EDUCATING FAMILY PHYSICIANS IN PALLIATIVE CARE — NOW FULL</u>

A four-day small group learning program and preceptorship open to family physicians.

**KINGSTON**—Apr. 23-26, 2020 Program information and registration

#### PALLIATIVE CARE FOR NURSE PRACTITIONERS

A two-day educational program on the practical management of common palliative care problems.

**KINGSTON**—June 18-19, 2020 <u>Program information and registration</u>

#### PRACTICAL CAREGIVER TRAINING

We are offering caregiver courses through-out the South East over the next month in collaboration with our local visiting hospice programs. The courses will provide instruction and hands-on practice with safe lifts and transfers, providing personal care, advance directives and more! If you or someone you know is interested, please see visit our website to see course specific flyers and registration details: <a href="https://example.com/herested/here

**PERTH**— February 24, March 2, 9 & 16, 2020

BELLEVILLE — March 31, 2020

KINGSTON — March 12, 2020